

Poplar Ridge
Christian Church

.....
PRAYER GUIDE

27 Days of
Prayer and
Fasting



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Winter 2022

Contents

How To Use This Prayer Guide Page 3

Praying “For” Your Neighbors Page 4

Daily Prayer Focus Pages 5-26

How To Use This Prayer Guide For “21 Days Of Prayer And Fasting:”

Each day for our “21 Days Of Prayer And Fasting” you are encouraged to do the following:



21 Days Of Prayer & Fasting
February 7th-27th

Fast

Choose a type of fast to observe for **February 7th-27th**.

See:
poplarridgechurch.com
for different ways to fast.

Prayer Guides

- Set aside a designated "time" and "place" for prayer.
- Pray along with PRCC using the daily *prayer guides* for the "21 Days of Prayer & Fasting."

"For"

Using the "**Who Is My Neighbor Guide**," spend time praying for your 8 Neighbors by name each day.

Resources Available At: www.poplarridgechurch.com

This prayer guide contains a diagram to help you learn and pray for your neighbors, as well as pages that outline daily scriptures and prayer focuses for each day of this campaign.

Praying “For” Our Neighbors:

In 2022, we want our neighbors to know we are “for” them. This begins with knowing them and praying to God on their behalf. In the spaces below, write down the names of your neighbors. Each day for our “21 Days Of Prayer And Fasting” you are encouraged to pray for those who live nearest you by name and to ask God to guide you into ways to serve and bless them.



“21 Days Of Prayer & Fasting”

Day 1:

Read:

Proverbs 29: 18 (NIV)

Where there is no revelation, people cast off restraint;
but blessed is the one who heeds wisdom’s instruction.

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “Fresh Vision”

We saw God do some powerful things in 2021. Spend time today thanking God for his grace and pray that God will grant our church fresh ideas for reaching people for the gospel. Pray for our leadership and ask God to keep PRCC unified in Jesus’ mission.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 2:

Read:

Psalm 133: 1 (NIV)

How good and pleasant it is
when God’s people live together in unity!

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “Commitments & New Members”

Many people made commitments to Christ in 2021. Many also became members of our church. Pray for them today. Ask God to protect them from the attacks of Satan. Pray that our church will continue to have a welcoming spirit. Pray that they are able to discover and grow in their gifts in order to serve God's kingdom (near and far).

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 3:

Read:

Job 12: 12 (NIV)

Is not wisdom found among the aged?

Does not long life bring understanding?

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “Senior Saints”

Poplar Ridge has a promising future because we have a strong legacy. Give thanks to God for our Senior Saints who have served Jesus and our church remarkably well over the years and continue to do so even today. Many of our ministries run because of their efforts. They are a positive witness for Christ and of PRCC in our community. Pray that God would help to keep them encouraged.

If you are blessed to know one of our senior saints personally, write them a note of encouragement and make space on your calendar to spend time with them.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 4:

Read:

Deuteronomy 31: 6 (NIV)

Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “20’s & 30’s”

A person's 20's and 30's is a time of growth and change. In 2021, many members of our church began new marriages, graduated with a degree, welcomed a child, started jobs, and much more. Pray for someone in their 20's or 30's today. Ask God to grant them clarity if they are trying to discern next steps and strength to meet new challenges.

Look for ways that you can tangibly bless someone in their 20's and 30's this week .

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 5:

Read:

Deuteronomy 6: 7 (NIV)

These commandments that I give you today are to be on your hearts.

⁷Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “The Next Generation”

Today, we are going to pray for our children and teenagers. Ask God to protect them. Pray that they are surrounded by a great support system when their faith is tested. Ask God to inspire them with ways they can use their God given talents and interests to grow His kingdom. Ask God to use our church to raise up ministers and missionaries. Pray for their parents and families.

When you catch a kid or teenager loving Jesus or someone else let them know you are proud of them.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 6:

Read:

Psalm 145: 4 (NIV)

One generation commends your works to another;
they tell of your mighty acts.

Reflect:

What comes to mind after reading today's scripture?

Prayer Emphasis: “Kids Ministry & Youth Ministry”

Pouring into the next generation is one of the most important things we do as a church. PRCC is blessed with a great team of volunteers who make the time and who willingly share their resources for this to happen. Pray that these volunteers stay encouraged. Pray they maintain fresh passion and ideas for connecting with the kids and students in their care.

Take time this week to shake the hand of and thank someone who works with our next generation.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 7:

Read:

Matthew 9: 37-38 (NIV)

Then he said to his disciples, “The harvest is plentiful but the workers are few.

³⁸Ask the Lord of the harvest, therefore, to send out workers into his harvest field.”

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “The Harvest Field”

This week we are praying for our local communities. Ask God to make us aware of the needs in our backdoor and to mobilize His people to bring hope and healing to those in need.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 8:

Read:

Matthew 16: 13-20

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “ Brothers & Sisters”

Spend time today praying for another church in our area. Pray that God uses them to influence and help their communities. Ask God to move His Spirit among the people there. Pray their hearts stay sensitive to the truth of God's word. Polls are showing the ministers are resigning from their ministries in high numbers these days. Pray for the health (mental, physical, emotional) of their ministers and leaders.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 9:

Read:

Jeremiah 29: 7 (NIV)

Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper.

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “Local Schools”

Today, pray for the schools that you drive by. Pray for the students there. Pray for the hearts of the teachers, coaches, administration, and employees. Ask God to make the atmosphere positive and encouraging.

If you know a teacher, coach, or someone who works in a local school-find ways to bless and encourage them this week.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 10:

Read:

John 6: 1-14

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “Loaves & Fishes”

For many years, Poplar Ridge has volunteered with a ministry in downtown Johnson City called "Loaves and Fishes." This ministry works with the homeless population in the city. They provide tangible expressions of God's hope and love. Pray for the work this ministry is involved in and consider volunteering with them in 2022.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 11:

Read:

Isaiah 1: 17 (NIV)

Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow.

Reflect:

What comes to mind after reading today's scripture?

Prayer Emphasis: “ Isaiah 117 House”

Isaiah 117 House is a wonderful organization supported through the mission budget of PRCC. Their mission is to "Provide physical and emotional support in a safe and loving home for children awaiting foster care placement." Take time today to pray for those who work with Isaiah 117. Pray for the kids who are currently in their care and those who will come their way. Check out their website if you would be interested in learning more about the great work they are involved in.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 12:

Read:

Acts 1: 8 (NIV)

But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: Kevin & Jenni Verstraeten (Sport Quest) and Kids’ To Christ

In 2022, PRCC began two new mission partnerships:

Kevin & Jenni Verstraeten

Kevin & Jenni serve with an organization called “SportQuest Ministries” in Belgium. SportQuest uses athletics to build relationships with kids and students in partnership with local churches in order to share the gospel. Pray for Kevin, Jenni and their children (Yoah and Ella).

“Kids To Christ”

This mission is office in Bluff City, TN, but works in the Dominican Republic and Venezuela to build Christian communities by helping children and families overcome hunger and health issues. This group champions Christian education and seeks to share the gospel in their efforts.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 13:

Read:

2 Timothy 4: 7-8 (NIV)

I have fought the good fight, I have finished the race, I have kept the faith.

⁸ Now there is in store for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day—and not only to me, but also to all who have longed for his appearing.

Reflect:

What comes to mind after reading today's scripture?

Prayer Emphasis: “Fellowship Of Christian Athletes”

Poplar Ridge partners with the "Fellowship of Christian Athletes" in our area. They work to make connections with student athletes and coaches in our local schools. Spend time praying for them today and the work they are doing to raise up Christian leadership.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 14:

Read:

Matthew 19: 14 (NIV)

Jesus said, “Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.”

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “Appalachian Christian Camp”

Every year, PRCC proudly sends kids and students to various weeks of summer camp at Camp ACC in Erwin, TN. The camp has served our area well for many years. PRCC is full of people who have attended weeks of camp growing up, served at the camp during the summer in various capacities, or who have led weeks of camp themselves. Pray for those who will be attending or serving at camp this summer. Pray for those who lead this ministry, and ask God to continue to make it a place where campers hear the gospel and are challenged to respond to God's call for their lives.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 15:

Read:

Matthew 28: 19-20 (NIV)

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: “Hisportic Christian Mission”

PRCC partners with "Hisportic Christian Mission." Hisportic seeks to "Evangelize Portuguese-speaking people by establishing churches and empowering pastors to equip the people. Spend time today praying for the health of the churches Hisportic has established as well as the success of their future endeavors.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 16:

Read:

Isaiah 55: 10-11(NIV)

As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater, ¹¹ so is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.

Reflect:

What comes to mind after reading today's scripture?

Prayer Emphasis: Mike & Amy Martin-Bible Translators

Mike and Amy are missionaries in Indonesia working to translate God's Word to the people who live there. Pray that they would remain encouraged in their work. Ask God to soften the hearts of those who will be reading God's word for the first time because of their efforts so that they can respond to the gospel.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 17:

Read:

Acts 13: 47 (NIV)

For this is what the Lord has commanded us: “I have made you a light for the Gentiles, that you may bring salvation to the ends of the earth.”

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: Tim & Julie Nelson (Avant Ministries)

Tim and Julie Nelson are located in Honduras and have an outreach to Angola! AVANT trains, sends, and serves missionaries in 50 countries globally. PRCC has sent several mission teams to Honduras to encourage and assist in Tim and Julie’s ministry.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 18:

Read:

2 Timothy 2: 15 (NIV)

Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth.

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: Milligan University

PRCC partners with Milligan University by helping to support a designated ministry scholarship. Milligan seeks to honor God by educating men and women to be servant leaders by establishing core values of Scholarship, Community, and Faith. Ask God to instill a passion for His kingdom and to guide the direction of the students on this campus.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 19:

Read:

1 Timothy 4: 7-8 (NIV)

Have nothing to do with godless myths and old wives’ tales; rather, train yourself to be godly.

⁸ For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: Johnson University

PRCC partners with Johnson University. Johnson University's mission is to educate students for Christian ministries and other strategic vocations framed by the Great Commission in order to extend the kingdom of God among all nations. Ask God to instill a passion for His kingdom and to guide the direction of the students on this campus.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 20:

Read:

Psalm 27: 8 (NIV)

My heart says of you, “Seek his face!”

Your face, Lord, I will seek.

Reflect:

What comes to mind after reading today's scripture?

Prayer Emphasis: ETSU Campus House

ETSU Campus House, also known as Christian Student Fellowship is a community of college students committed to knowing our Savior and serving Him as a community on the campus of East Tennessee State University. Pray for the encouragement of this ministry's leadership and that God would equip these students to be bold in their witness for him. Ask God to cultivate a Christ honoring community around them so that they stay encouraged.

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

“21 Days Of Prayer & Fasting”

Day 21:

Read:

Micah 6: 8 (NIV)

He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.

Reflect:

What comes to mind after reading today’s scripture?

Prayer Emphasis: Mountain Mission School/Agape Women’s Services

Mountain Mission School

Mountain Mission School is located in Grundy, Virginia. They have been caring for children since 1921. Boys and girls needing a home come here from all over the world, and grow in love for Christ and each other. The Mountain Mission student choir has sung at Poplar Ridge and we have hosted them in our homes. We continue to love and support Mountain Mission School.

Agape Women’s Services

Agape means unconditional love. Agape Women's Services is devoted to loving and serving women before, during, and after an unplanned pregnancy. Services are for anyone, regardless of age, race, religion, or sexual orientation. Every child is a gift from God (Psalm 127:3).

Close by praying “For” your neighbors using the “Who Is My Neighbor” chart on page 4.

*“For the eyes of the Lord range
throughout the earth to strengthen those
whose hearts are fully committed to
him.”*

-2 Chronicles 16: 9